

ICE CREAM from a wintry window-sill!



HERE'S a delicious ice cream that you can make with just one less cone than your ice cream! Mix one package of Jell-O Ice Cream Powder in one quart of half milk, half cream. Place the bowl under your window-sill in freezing weather, stir occasionally. Jack Frost will do the rest. And how the family will praise the rich, smooth, full-flavored texture of this ice cream you've made yourself. Ask for some today at your grocer's. It comes in five tempting flavors, chocolate, strawberry, vanilla, maple, lemon.

JELL-O ICE CREAM POWDER

Italy's Secret Hangars

Planes And Fuel Reservoirs are Safe In Underground Caverns

The United States Army can start construction of underground air bases, fuel storage, reservoirs and other bomb-proof structures of modern warfare, if it likes, with Italy's vast subterranean system as a pattern.

It has all the details. Carlo G. Fiebus, consulting engineer employed by the City of New York and for three years a design and construction engineer for the Italian Government, has given official Washington data on the Fascist air-raid protection system.

Huge hangars, some of them holding as many as 500 modern planes and others 250 planes ready to roll onto adjacent airports, have been built. Underground caverns hide manufacturing plants and fuel reservoirs, according to this account.

Elevators, air conditioning equipment and, in some instances, camouflaged entrances and exits characterize the holes in the earth occupied by soldiers, workers and civilians driven underground by the warplane. When Fiebus returned to the United States eleven months ago, the Fascist Government placed only one prohibition on him—as a possessor of military secrets vital to Italian defence, he must not disclose the whereabouts of the various shelters he helped build.

The War Department, called him to Washington for consultation on preparation of underground structures to protect airplanes, fuel reservoirs and important industrial plants.

Of underground hangars, Fiebus wrote in the study submitted to the War Department:

"Air ports are the main objects of attack by an enemy force; consequently they are the main object of defence."

"The English and the Italians favoured by the natural conformations of the hills bordering their shores, took advantage of all the natural grottoes, enlarged and lined with inexpensive structural work, entrances and runways camouflaged, they obtained strategic and magnificent hangars to store their craft."

"The French and Germans, hampered by the geological and topographical conformation of their soil, were obliged to build more elaborate structures to hide their planes. Gas chambers for the protection of the personnel were in general, provided in all designs," he said.

The cost, the lowest cost in the French military system, will be withdrawn from circulation on December 31 of this year.

ITCH STOPPED

or Money Back

For quick relief from itching of various, eruptions, eczema, urticaria, psoriasis, etc., apply a little of the itching powder to the affected area. The itching stops, the skin becomes cool, and the irritation disappears. The powder is made of natural ingredients and is completely harmless. It is sold in all drug stores. Ask your druggist today for D.D. HENNINGSON.

Following Fad Diets

Foods Over-Rich In Carrots Or Orange Juice Discard Skin

Yellow patches often appear on the palms of the hands and the soles of the feet of persons who follow "fad" diets over-rich in carrots or orange juice, Dr. William S. Becker of the University of Chicago said.

Carrots and oranges, he told the American Academy of Dermatology and Syphilology in a prepared text, contained "carotene," a yellow dye which, if absorbed by the body in excessive quantities, entered the skin and caused discoloration. That, he said, produced the yellow patches on the skin of diet "fadists."

Dr. Becker reported also that drugs containing silver, gold or mercury compounds "often produce vivid changes in the color of the skin when used indiscriminately and over a long period."

He said that certain nose and throat sprays and eye washes containing silver compounds which might color the face and arms a bluish gray, silver preparations used as injections in the treatment of diseases such as syphilis, he added, might have the same effect when used in excessive quantities.

Gold compounds, he cited, have been used in treatments for arthritis, tuberculosis and other diseases, and mercury compounds frequently have been found in certain brands of facial creams. "Both of these metals, when absorbed by the body may enter into the pigment of the skin and cause discoloration," he added.

Pedigreed Livestock

Britain Still Continues To Ship To

The Four Corners Of The World. Britain continues in the midst of war to send pedigree livestock across the seas to remote corners of the world.

Sheep from Romney marsh have recently been landed on the lonely island of Ascension. Bred for generations on the exposed moorlands of the English Channel, they thrive where other sheep would perish. One ram of this breed was sold to Argentina last September for 210 guineas.

Red Pol cattle have been safely delivered so far from East Anglia as the Azores. They are the only home-bred in England, sprung from a century of skilled mating, of the Norfolk strain, with its red color and beef production and the Suffolk, with its excellent milking qualities.

A consignment of pigs has also crossed the Atlantic and Canada to Vancouver. They are Large Whites, the breed which has a larger proportion of lean to fat than any other. The sows are excellent mothers and very prolific, while their piglets are hardy and rapid growers, equally ready for slaughter at an early age where the joints of pork are required, or to be taken on to a very large size and weight.

The Country Inn

Doing A Good Business In Towns Adjacent To London

Hotels and boarding houses in the small country towns within easy reach of London are busy establishments now.

The casual visitor is fortunate if he can secure a room overnight, for these places which used to cater chiefly for temporary guests have become the residence of many Londoners whose homes have been destroyed or damaged, and who are able to settle for the time being in localities from which a daily journey to London is possible.

The country inn, of the better type, has acquired a new lease of life. Its often neglected residential accommodation has not been in such eager demand for years.

On the whole, small tendency is shown to make fantastically increased charges, probably because these semi-rural inns are not far enough from London to escape raids and noisy nights—Edinburgh Scotsman.

Editor Handicapped

Ottawa announcement says that bagpipes come under the heading of musical instruments. We can't say much about this, states the Peterborough Examiner, as the very excellent mechanic who turns this into type is from Aberdeen, and right close by is another from Ayr.

Donation For Ambulance

Ottawa and Montreal Italians presented a cheque for \$1,700 to the Ottawa branch of the Canadian Red Cross. The cheque will be used to purchase the first Red Cross ambulance placed in service by Canadian Italians.

Mail order business in England has been more than doubled since Hitler's bombers started work.

HAVE A TASTE OF COMMONWEALTH CHRISTMAS PUDDING



A Canadian army cook from Peterborough, Ontario, whose name is Cooke, offers a taste of his newly made Christmas pudding to Staff Sergeant-First Class of the New Zealand A.S.C. Judging by the expression on the sergeant's face, Cook Cooke must be some cook.

Claim Growing Crops

Nazis Requisition Foodstuffs From France Before They Are Harvested

German invaders "have pillaged the whole of occupied France" and are requisitioning foodstuffs even before they are harvested, George Litton Howe, an American banker in Paris, reported when he arrived in the American Export liner Escalibur.

"In five days they took 50 trainloads of silk from Lyons to Germany," he said, "and I was told they took 8,000,000 bottles of brandy also. The Germans are surveying fields of still growing crops and saying: 'This is for us—save it for us.'"

Plastic Surgery

New Rubber Compound Said To Give Satisfactory Results

The newest development in plastic surgery is the discovery of a rubber compound for the making of artificial ears and noses which Dr. Arthur H. Butbalian, Rochester, Minn., calls the most satisfactory material yet devised.

The liquid compound is put into a suitable mold to dry in the air. It resembles the human ear or nose so closely that it is "not readily noticed unless it is examined carefully," Dr. Butbalian said. It is a flexible material which may be dyed to the natural skin color.

Albanian is the most recent language to be added to the British Broadcasting Corporation's new service. This tongue makes a total, with English, of 23 languages which the BBC uses. These include Hebrew, Maltese, Finnish and the bulk of the Arayan languages.

Baby pigeons almost double their size each day in the first three days of life.

The famous arch of Triumph in Paris was begun in 1806, but was not completed until 1856.

Necessity For Speed

Is Something Those Who Would Help Britain Most Heedful

Sir Walter Citrine, secretary of the British Trades Union Congress, told an audience at Kansas City that Britain is having a hard time of it, but not as bad as "make us say in the near future, 'we've had enough of this war.'"

Sir Walter said 50,000 of the richest persons in Britain have a total yearly income of \$900,000,000 and that the government takes \$800,000,000 of this in taxes.

"We are trying to help ourselves before asking help of you," he said.

"The Nazis know," he asserted, "that once the economy of the United States is put on a wartime basis, the days of the Nazi regime are numbered. Therefore, it is a matter of moment to Germany to end the war quickly. The primary need is the realization by the American people of the necessity for speed."

Britain, he said, needs long distance bombers to cripple Italian production.

Boots For The Army

Canada Has Made Nearly 1,000,000 Pairs Since War Started

Canadian shoe manufacturers have made "close to 1,000,000 pairs of boots for the armed forces" since the start of the war, Major Louis Daoust of Montreal said in his presidential address at the 22nd general meeting of the Shoe Manufacturers' Association of Canada in Montreal.

"The capacity of the Canadian shoe factories is ample for the production of much larger quantities of military boots," he said.

Higher prices for civilian shoes "cannot be avoided," Major Daoust said. Prices of hides and skins had advanced almost 60 per cent over pre-war figures and "most other materials and supplies required by the shoe manufacturers cost substantially more than before the war."

HERE'S A DANGEROUS JOB—EXPLODING MINES

This man's job is one of the most dangerous in war-time England. It is to destroy German mines that have been thrown from the sea by his buddies in the R.M.S. "Rendering Mines Safe." After the mine is hauled up to the beach, it is dismantled. The explosive is taken out and burned.

Interesting To Read

These are Regarded As Oldest Accidents Of The Year

Fortune, indulged in some "dizzy antics" in 1941.

That became apparent when Paul Jones of the U.S. National Safety Council made public his selection of the oldest accidents of the year.

Among the rarest were these: Joseph Callahan of Chicago had always enjoyed cordial relations with his false teeth. But one day he dozed and slipped from his chair. His plates landed, tooth-side up, on the floor. Mr. Callahan's head came down in the same spot. The result was a vicious bite in the forehead.

Bob Farris, calling on a friend in Marysville, Cal., wondered why two men approaching him were walking so far apart. He decided to go between them and "crash!" He didn't know they were carrying a large sheet of window glass.

Eugene Ramsey, carpenter of Bugay, N.C., was fashioning a mouse trap—a better one, of course. And . . . ring! . . . the snapper banged on the trigger. He hurried the contraption under the kitchen stove. It struck a mouse and killed it.

A dignified old gentleman was standing on a safety island in Chicago, waiting for a street car. Suddenly a passing cab swerved to avoid striking an automobile, the back door flew open. It scooped up the prospective patrol patron and deposited him on the floor of the taxi.

As Ralph Lyman of Chandra, Iowa, hurried to answer the telephone he slipped and fell, but crawled painfully to the phone and heard the voice on the other end say:

"This is Doctor Burnett. Can you come right over and look at my 'turnups'?" It's broken.

"You better come right over and look at my leg," replied Lyman. "It's broken, too."

GEMS OF THOUGHT

HUMILITY

True humility is not an abject, groveling, self-deploring spirit; it is but a right estimate of ourselves as God sees us.—Tryon Edwards.

There is no humiliation for humility.—Joseph Roux.

They that know God will be humble; they that know themselves cannot be proud.—Flavel.

Human pride is human weakness. Self-knowledge, humility, and love are divine strength.—Mary Baker Eddy.

There is but one road to lead us to God—humility; all other ways would only lead astray, even were they fenced in with all virtues.—Boileau.

Lord of all life, below, above, Whose light is truth, whose warmth is love, Before Thy ever blazing throne We ask no lesser of our own.—Oliver Wendell Holmes.

Not An Asset

Not bad is the jest making the rounds of Istanbul's cafes. "I hear Italy has a new secret weapon," says the Italian hater. "Really?" asks a companion. "What is it?" "One regiment of German infantry" is the reply. This reminds us of the late Lord Lothian's dry remark to a German diplomat who boasted that the Italians had joined the Axis. The British Ambassador rejoined: "Well, after all, my dear fellow, that's only fair. We had to put up with them last time."



HOME SERVICE

YOU ALWAYS FIND CHEER IN THESE FAVORITE POEMS

"Let me live in my house by the side of the road And be a friend to man."

Like a welcoming light in the dusk, Encouraging words from a friend, These lines from the loved poem by Sam Walter Foss. Do you remember its words?

"Then why should I sit in the room, Or hurt the cyclic ban?— Let me live in my house by the side of the road."

And be a friend to man."

Favorite poems—alive with the simple yet so often forgotten—these we can be really thankful. You are never at a loss for cheering, inspiring companionship when you can turn to these poems.

Read "I Hear America Singing" by Walt Whitman. It begins:

"I hear America singing, the varied carols I hear; Those of mechanics—each one singing his, as it should be, blithe and strong—"

With James Whitcomb Riley, enjoy life, the richness of little things:

"O, it sets my heart a-cuckin' like the tick of a clock, When the first is on the punkin and the fender is in the shock."

Read these other loved poems complete in our 32-page booklet. Has favorites by Robert Herrick, William Wilcox and many more poets.

Send 15 cents in coins for your copy of "World's Best-Loved Poems" to Home Service Dept., Winnipeg Newspaper, Union, 175 McDermott Ave., B. Winnipeg, Man.

The following booklets are also available at 15c each:

- 147—"How to Budget and Buy for Better Living"
- 148—"Making Plans and Flowers"
- 149—"Self-Instruction in Skiing and Other Winter Sports"
- 150—"Secrets of Good Living"
- 151—"Every-Day Health Problems"
- 152—"Secrets of Good Conversation"
- 153—"Self-Instruction in Short-hand"

War-Time Facts

Librarians Are Urged To Collect And Preserve Material

In the November issue of the Ontario Library Review is published an article by Professor Fred Landon, urging librarians to collect and preserve material which records the military activities of their respective localities, for the future use of "those who search back for light upon war conditions." At the close of the last Great War, Professor Landon made a similar suggestion, the result being that a considerable volume of data which might otherwise have been lost was made available to historians and the public in general. The Hamilton library is at present holding an interesting exhibition of posters, pictures and documents of various kinds which were produced during the four years of warfare, 1914-1918. The collection would have been still more complete if at that time most citizens had sent in duplicate reports of local activities, and a great effort should be made to gather as much information as possible on the present conflict.

"There is only one time to glean this war material," Professor Landon states, "that is when it first appears."—Hamilton Spectator.

The original copy of Isaac Newton's "Principia Mathematica" published in London in 1687, will be among the rare books and manuscripts to be sold at an auction in New York for the benefit of a war relief fund.

Snakes do not catch birds by "hypnotizing them," says a writer in the *Aesculapian Monthly*.

The earth gains about 100,000 tons of weight in a year from meteoric material, mostly dust, from the sky.

The offender a man fails, the greater the applause when he finally succeeds.

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| (1) Free Press Prairie Farmer, 1 yr. | (1) Red and Gun, 1 yr. |
| (1) Canada Poultryman, 1 yr. | (1) Canada Poultry Review, 1 yr. |
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| (1) Science and Discovery, 1 yr. | (1) Canada Poultry Review, 1 yr. |
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| (1) Parents Magazine, 6 mos. | (1) Western Producer, 1 yr. |
| (1) Open Road for Boys, 1 yr. | (1) Canada Poultryman, 1 yr. |
| (1) Home Arts (Westminster), 1 yr. | |
| (1) Screenland, 1 yr. | |

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| (1) Science and Discovery, 1 yr..... | 2.75 |
| (1) American Boy, 1 yr..... | 2.75 |
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The other day we asked a man for his printing and he told us:

"Oh, our printing doesn't amount to much. All we have is a few small orders, and none of them ever run into anything that looks like money."

Those little orders are the kind that make our business.

Most of our business is in printing letterheads, envelopes, circulars, posters, office forms, and other small orders.

We appreciate a small order as well as we do a big one.

So, if you have any small orders for printing we want you to know that we are glad to get them. We appreciate them just as much—and take just as good care of them—as if they actually amounted to hundreds of dollars.

The Gleichen Call

ART PEACOCK WRITES THANKS FOR PARCEL

Pte. Art Peacock who has been in England for some months with the R.A.A.S.C., has written The Call the following letter:

I received a parcel from the Gleichen branch of the Red Cross, I would like to express my thanks and can think of no better way than through you.

I was in base hospital at the time with a bad arm. I had a piece of shrapnel in my left hand and it turned septic. Am fortunate that I did not lose my arm. I am back with my unit now.

The Red Cross is doing wonderful work here in England. They were in the hospital every day with writing paper, books, games and so on. I was in the 15th General Canadian Base Hospital. They are so far ahead of the English army hospitals that there is no comparison. Even the equipment is Canadian made. There are two separate power plants for each operating room in case the electric power fails."

ST. ANDREW'S CHURCH

Service January 12th.
Evening service at 7:30 p.m.
Rev. L. T. Pearson, incumbent.

CARDS OF THANKS

We wish to thank our many friends for their kindness and help shown us during our recent bereavement.

Mr. and Mrs. W. Varndell and Family.

Mr. Thos. Wilson and family wish to express their appreciation and thanks to neighbor and friends who assisted them in many ways during their recent bereavement.

COMMANDO ON WHEELS

BEGINS GREAT TREK IN SOUTH AFRICA

A mechanical convoy three miles long has begun a great trek of the Union of South Africa. In its route the convoy will cover 2500 miles in five weeks. In the convoy are 200 vehicles and accompanying is a miniature army consisting of 5000 men. The army consists of the Tank Corps, the armoured car corps, mechanized infantry, medical units, the corps of signals, Q services, T services, artillery and a searchlight section. A flight of airplanes demonstrates at various centres.

The object of the trek is to show the army to the people of South Africa. Elaborate arrangements have been made to publicize the tour. Leaflets announcing the arrival of the army are dropped at each centre by airplane. At every town on the route are military parades and displays. Evenings are given over to social gatherings, movie shows and a military band of eighty players which also accompanies the convoy.

Here are a few miscellaneous items from Pretoria: South Africa is to have its home guard. The guard consists of two sections: a civilian protective service concerning itself mainly with air raid precaution work; a national volunteer brigade to be used for military and police internal security duties.

French citizens meeting in Johannesburg established an association of the Friends of Free France which will act under instructions from General de Gaulle. The aims of the association are to collect funds for transfer to General de Gaulle; to maintain the free French forces; to assist all Frenchmen to join the forces.

Regent wheat is the latest introduction of the Dominion Rust Research Laboratory.

A very great deal of thought and care, of painstaking experiment and testing, has been expended on this new variety. Besides being resistant to stem rust, Regent in addition has a high resistance to leaf rust. In all round general qualities Regent is in addition expected to occupy a high place; its yield is high, millage and baking qualities acceptable; its millage, strength of straw is good and it is at least as early as any of the other rust-resistant varieties; as any farmer who needs a sure resistant wheat cannot go far wrong in trying out Regent.

It is interesting to know that this variety represents the culmination of the joint efforts of a number of our Canadian scientists in many fields of specialized work; i.e. our plant breeders, plant pathologists, cereals, statisticians and cereal chemists, workers associated with the Dominion Rust Research Laboratory, the Board of Cereals Commissioners' Laboratory, the National Research Council, our three Western Universities and the many Dominion experi-

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A CRUMPLED ITALIAN HOPE



In their first attempted raid against London, Italian aircraft were intercepted by British fighters who shot down 13 of the raiders. The remainder fled, and no bombs were dropped. The Italian bomber shown in this picture was rammed by a British Squadron leader whose ammunition had run out.

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what a grand local paper we would have had in anything but politics and we shall be thankful.

It is queer how unfeeling the neighbors find you out, and how seldom the bill collector does.

The unluckiest man in the world is a seafaring man with lockjaw.

Bring or send the news to this office. We are always glad to have our subscribers send in or bring us news. If each one of our readers could give us an item each week